

Self Assessment

2015 - 2015 - Final NURS-151 Course Learning Outcomes

NURS 151 Practical Nursing Practice 2 (PN, 13-Jan-2015 - 30-Jun-2015)

Student : Julia Meneses
 Clinical Teacher/Preceptor : Mitsy-Ann Robinson
 Program Coordinator : John Stone
 Location : Westbury Long Term Care
 Placement Setting : Agency
 Unit/Office/Clinic : 6
 Period : 13-Apr-2015 To 24-Apr-2015
 Student hours : 168
 Required Hours : 168
 Validated hours : 168

I declare that this is my original work and the sources used are acknowledged.

Abilities and Outcomes / Learning Outcomes	Student Rating	Teacher Rating
1. COMPETENT AND SAFE PRACTICE WITHIN A PROFESSIONAL, LEGAL, AND ETHICAL FRAMEWORK		
1. 1 Comply with regulatory standards, relevant legislation and the practice setting's policies and procedures.	Satisfactory	Satisfactory
J.M. : I comply with all if the regulatory standards, legislations and Wesbury's policies.		
1. 2 Act in a responsible, ethical and accountable manner.	Satisfactory	Satisfactory
J.M. : I do this by always being in uniform, treating the residence and staff with respect, and performing according to regulatory standards.		
1. 3 Determine strengths and limitations and when to consult and seek assistance from other professionals.	Satisfactory	Satisfactory
J.M. : When I recognize a limitation I always ask the PCPs for assistance.		
1. 4 Use evidence informed practice and a theory-based approach to care.	Satisfactory	Satisfactory
J.M. : I follow my resident's care plan and and apply my knowledge when caring for them.		
1. 5 Ensure client safety and a safe environment.	Satisfactory	Satisfactory
J.M. : I always ensure that my clients bed is at a comfortable height and that walkers and canes are within reach; when making my resident's bed I ensure the call bell is within reach and visible.		
1. 6 Ask relevant questions to clarify understanding of the plan of care and whenever uncertain.	Satisfactory	Satisfactory
J.M. : I ask questions when getting my client ready for breakfast and performing head-to-toe assessments.		
1. 7 Identify ethical and unsafe situations and seek appropriate assistance to resolve these.	Satisfactory	Satisfactory

J.M. : I did this when I recognized that the RN did not follow all of the Rights of Medication Administration.

1. 8 Demonstrate understanding about the role of the student nurse.

Satisfactory

Satisfactory

J.M. : I understand my role as a student nurse and do my best to meet and exceed my requirements.

Teacher comments for COMPETENT AND SAFE PRACTICE WITHIN A PROFESSIONAL, LEGAL, AND ETHICAL FRAMEWORK :

Julia consistently complies with Humber and Westbury polices by following their standards and regulation. She is responsible and accountable by showing responsibility for her learning practice while ensuring that her patients are safe. She is never absent or late for clinical. She frequently utilizes theory and evidenced base practice as evident in her questions and plan of care for her patients. She always clarify plan of care before proceeding when she is unsure. In addition, she seeks out assistance in situations that are not safe or is unacceptable.

2. ACCURATE AND RELEVANT COMMUNICATION

2. 1 Participate in team sharing and discussions.

Satisfactory

Satisfactory

J.M. : I did this during post conference.

2. 2 Document clearly, accurately, concisely in a timely manner using written and electronic methods.

Satisfactory

Satisfactory

J.M. : During week one of clinical my Roy Model was lacking in quality and was not completed properly; however, I improved greatly over the duration of the semester.

2. 3 Report relevant information to the appropriate personnel.

Satisfactory

Satisfactory

J.M. : Reported resident pain to the RNs when necessary, and asked for clarification when needed.

2. 4 Utilize communication techniques with the client and inter-professional health care team.

Satisfactory

Satisfactory

J.M. : To communicate with my clients I make sure I understand what volume they need me to speak at in order for them to hear me, and effectively communicate with staff.

2. 5 Maintain privacy and confidentiality according to the Personal Health Information Protection Act (PHIPA)

Satisfactory

Satisfactory

J.M. : I always ensure that the door/curtain is closed when performing client care.

2. 6 Use technology to retrieve information including research, data and other information.

Satisfactory

Satisfactory

J.M. : I use my laptop at home for medication research and the computer at Westbury to research patient history and diagnoses.

Teacher comments for ACCURATE AND RELEVANT COMMUNICATION :

Julia shares important information with the team and participate in post conference by sharing her knowledge and experience. She communicates clearly, accurately, concisely and in a timely manner both written and verbally most of the time. She sometimes completes her charting on time. She maintains privacy and confidentiality. She also uses computer to research information on her patients when appropriate

3. CARING RELATIONAL PRACTICE

3. 1 Utilize effective communication techniques. Satisfactory Satisfactory

J.M. : I use effective communication techniques.

3. 2 Demonstrate therapeutic caring, compassionate, and culturally safe relationships with clients and health care team members. Satisfactory Satisfactory

J.M. : I developed a therapeutic relationship with all of my clients by inquiring about how they're feeling and promoting reminiscing in times of sadness as well as communicating with those who only speak Portuguese.

3. 3 Apply knowledge of therapeutic use of self and identify its effect on client well-being. Satisfactory Satisfactory

J.M. : I use therapeutic touch (comforting shoulder touching) to improve client well-being if they are ever feeling distressed.

3. 4 Use self-awareness to identify the effects that beliefs, values, and personal experiences have on relational practice. Satisfactory Satisfactory

J.M. : I am extremely self-aware in everything I do so every time I complete an action it is always well thought out.

3. 5 Interact with clients and members of the inter-professional health care team; and, consult appropriately. Satisfactory Satisfactory

J.M. : I consult the appropriate health care professionals when needed.

3. 6 Apply knowledge of practices and systems that support the diversity of clients and the inter-professional health care team. Satisfactory Satisfactory

J.M. : I apply knowledge by performing a vital signs assessment and head-to-toe assessment, both of which support the client an inter-professional health care team.

3. 7 Apply knowledge of clients' cultural, religious, and other beliefs and values as these influence clients' choices and decisions. Satisfactory Satisfactory

J.M. : Yes, I did this by encouraging Catholic patients to attend mass in the Celebration Room.

3. 8 Provide effective client education. Satisfactory Satisfactory

J.M. : If my client asks me what a medication is for or asks any questions I provide them with an answer to the best of my ability.

Teacher comments for CARING RELATIONAL PRACTICE :

Julia oftentimes displays therapeutic communication with her patients. She always spends quality time talking with her assigned and non-assigned patients. She collaborates well with nurses on the unit and other staff and is aware of her identity and discuss how this might affect her client during clinical and also during post conference. She is very caring and shows sensitivity and respect to client's different religious and cultural beliefs. She also provides information to her client, for example, by explaining the use of each medication

4. LEADERSHIP AND ADVOCACY

4. 1 Recognize conflicts and strategies for resolution. Satisfactory Satisfactory

J.M. : I did not encounter any conflicts but I do believe that I am capable of finding the best strategies for resolution.

4. 2 Demonstrate leadership skills that foster group work and a positive learning environment. Satisfactory Satisfactory

J.M. : When working on our Roy Models, I ask questions and try to help Marina, Darian and Anna if they needed it.

4. 3 Identify opportunities to improve health care service and nursing interventions by advocating for client, self, others, and quality practice. Satisfactory Satisfactory

J.M. : I did this by advocating for the student nurses on my floor when PCPs were not using us effectively.

4. 4 Provide feedback to peers and accept feedback from peers and members of the inter-professional health care team. Satisfactory Satisfactory

J.M. : Anna and I worked collaboratively quite often on the floor and critique each other.

4. 5 Support clients' rights for self-determination and choice. Satisfactory Satisfactory

J.M. : I always evaluate my client's preferences before caring for them.

4. 6 Respond appropriately to unsafe, unacceptable, and unprofessional behaviours. Satisfactory Satisfactory

J.M. : Yes, I did this when I approached you about the PCP being unprofessional in the dining room.

4. 7 Consult and collaborate when carrying out health care and nursing practices that are in the best interests of the public and protect the public through collaboration and consultation. Satisfactory Satisfactory

J.M. : I consult the PCPs and nurses on my floor for confirmation on safe protocol.

Teacher comments for LEADERSHIP AND ADVOCACY :

Julia shows leadership skills by assisting her peers and consistently being professional. She also consults with clinical teacher, nurses and staff when practicing. Julia points out unacceptable client care to the teacher and advocated for her patients. She is resourceful and is good at problem solving and assisting nurses and other students with their assignments.

5. PLANS OF CARE: MEET CLIENTS' NEEDS AND MUTUALLY AGREED EXPECTED OUTCOMES

5. 1 Incorporate the unique needs and expected outcomes into individual clients' plans of care. Satisfactory Satisfactory

J.M. : I incorporated D.R's unique catheter needs while taking care of him during week two at Westbury, and tried to be as accommodating as possible with any other client care.

5. 2 Develop theory-based plans of care that are holistic and client centered and are articulated competently in writing and orally. Satisfactory Satisfactory

J.M. : I demonstrated this in my Roy Models.

5. 3 Use knowledge, skill and judgment to assess clients, prioritize needs and outcomes. Satisfactory Satisfactory

J.M. : Roy Model Step 2 was especially helpful in teaching me how to develop this skill.

5. 4 Provide information that contributes to the evaluation and refinement of plans of care. Satisfactory Satisfactory

J.M. : My Roy Models display all information that contributes to the evaluation and refinement of plans of care.

5. 5 Safely and competently carry out nursing assessments and nursing interventions that are theory-based and within skill abilities. Satisfactory Satisfactory

J.M. : I displayed this skill by performing a vitals assessment and head-to-toe assessment at the beginning of every shift.

5. 6 Carry out nursing care that reflects the practice decision-making framework. Satisfactory Satisfactory

J.M. : Yes, I did this every time I cared for a patient and asked whenever I was unsure.

5. 7 Complete nursing care responsibilities and nursing interventions in an organized and timely manner. Satisfactory Satisfactory

J.M. : Yes, I did this by always having my patients ready in a timely manner and getting them to the dining room on time for breakfast every day of clinical.

Teacher comments for PLANS OF CARE: MEET CLIENTS' NEEDS AND MUTUALLY AGREED EXPECTED OUTCOMES :

Julia does a satisfactory job at using the Roy adaptation model to provide holistic care to her patients while incorporating their unique needs. She is able to effectively change her plan of care when prioritizing for her patient's specific situation. She is able to satisfactorily complete a head to toe assessment and prioritize her plan to care.

6. COLLABORATIVE PRACTICE: INTERPROFESSIONAL HEALTH CARE TEAM

6. 1 Work with clients and members of the inter-professional health care team to assess clients, determine health needs, and to achieve mutually agreed expected outcomes. Satisfactory Satisfactory

J.M. : I do this by always asking about my clients status and reviewing their specific care plan.

6. 2 Contribute as a member of the inter-professional health care team to respond to the changing needs and expected outcomes of clients. Satisfactory Satisfactory

J.M. : I do this by responding to call balls whenever they ring and I'm available.

6. 3 Seek out assistance and consult with members of the inter-professional health care team. Satisfactory Satisfactory

J.M. : Whenever I am unsure I asked the PCPs for assistance.

6. 4 Use teamwork, consensus building, and conflict resolution skills. Satisfactory Satisfactory

J.M. : I did not need to use conflict resolution skills, but I have implemented all other skills to my practice.

6. 5 Describe effective, collaborative, and consultative strategies to meet client's needs within a changing environment. Satisfactory Satisfactory

J.M. : I use consultative strategies with the staff on my floor to meet my client's needs.

6. 6 Interact with members of the health care team respecting their unique role and competencies. Satisfactory Satisfactory

J.M. : I did this when I asked for clarification on whether or not I was able to execute certain duties.

Teacher comments for COLLABORATIVE PRACTICE: INTERPROFESSIONAL HEALTH CARE TEAM :

Julia collaborates well with peers, clinical teacher, nurses and other staff to achieve expected outcomes for her patients. She has very good interpersonal skills and works well with team members. She shows respect to PCPs, nurses, doctors and other professionals on the health team.

7. QUALITY ASSURANCE: CONTINUE AND IMPROVE COMPETENCE

7. 1 Act in the best interests of clients and protect clients from harm through collaboration and consultation with members of the inter-professional health care team and through competent and safe practice. Satisfactory Satisfactory

J.M. : Yes, I did this by always having myself and another person helping transfer patients and ensuring the beds were always at a safe height.

7. 2 Participate in self-reflection to identify strengths, areas for improvement. Satisfactory Satisfactory

J.M. : I'm really good at taking criticism and self-reflection so I am always growing and improving.

7. 3 Create, implement, and evaluate a learning plan consistent with the Quality Assurance program (CNO). Satisfactory Satisfactory

J.M. : Yes, I did this by consulting with Mitsy and listening to her critiques every week.

7. 4 Seek out learning opportunities and feedback that foster professional development; and, integrate these into practice. Satisfactory Satisfactory

J.M. : I do this, but sometimes got distracted in conversation with other patients.

7. 5 Utilize nursing, health and other theory and literature to improve nursing practice. Satisfactory Satisfactory

J.M. : Literature: Mosby's Drug Guide, other theory: critical thinking and Roy's Model practice.

7. 6 Use a theory-based approach and evidence-informed practice. Satisfactory Satisfactory

J.M. : Yes, I did this by applying my knowledge from my classes and readings to each client's care.

Teacher comments for QUALITY ASSURANCE: CONTINUE AND IMPROVE COMPETENCE :

Julia provides safe competent care to her patients by acting in their best interest. She is sometimes motivated and seeks out learning when the opportunity presents itself. She demonstrates some knowledge of nursing research and in her professional development. She tries to be organized and prioritizes related care as evident in her timely completion of assigned task most times

8. USE CRITICAL THINKING, PROBLEM-SOLVING & DECISION-MAKING EFFECTIVELY

8. 1 Utilize problem-solving skills to inform decision making in all aspects of nursing care. Satisfactory Satisfactory

J.M. : Yes, I did this by seeking help when I needed it and referring to my knowledge of client care for decision making help.

8. 2 Use problem-solving and decision-making skills to assess clients and to determine nursing diagnoses, expected outcomes, nursing interventions, and evaluative criteria.

Satisfactory

Satisfactory

J.M. : I demonstrated this skill on my Roy Models every week.

8. 3 Use self-reflection to design a plan to improve problem-solving and decision-making skills.

Satisfactory

Satisfactory

J.M. : I always reflected on my practice and applied my knowledge when creating care plans.

8. 4 Utilize knowledge from variety of nursing, health, and other theory into nursing practice to provide safe and competent care.

Satisfactory

Satisfactory

J.M. : I always applied all of my knowledge when providing care; for example, I used my knowledge of SC injections when practicing Insulin administration on my patient in week 10.

8. 5 Use prioritization strategies for client care.

Satisfactory

Satisfactory

J.M. : Yes, I did this by prioritizing which patients needed the most care before breakfast.

8. 6 Demonstrate professionalism and accountability.

Satisfactory

Satisfactory

J.M. : Yes, I did this by always being on time, in perfect uniform, and behaving maturely and responsibly while I was on the floor.

8. 6 Recognize strengths and limitations and seek appropriate assistance and support.

Satisfactory

Satisfactory

J.M. : I did this by seeking assistance whenever I was unsure of how to execute client care.

Teacher comments for USE CRITICAL THINKING, PROBLEM-SOLVING & DECISION-MAKING EFFECTIVELY :

Julia sometimes demonstrates critical thinking and problem solving decision by asking appropriate questions and making the right decisions when taking care of her patients. She tries to prioritize efficiently and displays knowledge from theory to provide safe competent care. She demonstrates good technical skill and is very fast at learning about the technology on the unit to provide effective care.

Student Final Summary with Strategies for Continued Growth

I will continue to ask for assistance as needed and build therapeutic relationships with clients as frequently as possible. This semester has been a great learning experience, I will continue to accept constructive criticism and be as open to learning as possible.

Teacher Final Summary with Strategies for Continued Growth

Julia is a good student who is caring to residents. She provides personal care, perform head to toes assessment and administer medication through different routes (PO, SC, PEG, topical, trans dermal) in a timely manner to her 2 assigned patients. Julia needs improvement on being more resourceful

Grade

Satisfactory

Unsatisfactory

Referred to Clinical Excellence Committee (CEC)

Grade

Satisfactory

Program Coordinator Feedback

The Program Coordinator has reviewed the evaluation

Yes No

Student Sign Off

I met with my Clinical Teacher/Preceptor and discussed my evaluation

Yes No

In general this evaluation accurately reflects my performance

Yes No