

Self Assessment

2014 - 2014 - Final NURS-101 Practical Nursing Practice 1

NURS 101 Practical Nursing Practice 1 (PN, 09-Sep-2014 - 11-Dec-2014)

Student : **Julia Meneses**
 Clinical Teacher/Preceptor : **Mandeep Kaur**
 Program Coordinator : **John Stone**
 Location : **NoSite**
 Placement Setting : **Class**
 Unit/Office/Clinic : **U1**
 Period : **03-Dec-2014 To 12-Dec-2014**
 Student hours : **75**
 Required Hours : **75**
 Validated hours : **70**

Teacher comment for validated hours:

70 hours till week 14

I declare that this is my original work and the sources used are acknowledged.

Abilities and Outcomes / Learning Outcomes	Student Rating	Teacher Rating
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1. COMPETENT AND SAFE PRACTICE WITHIN A PROFESSIONAL, LEGAL, AND ETHICAL FRAMEWORK

1.1 Comply with Humber College Institute of Technology and Applied learning (ITAL) policies, the Practical Nursing Program Student Handbook, Clinical Simulation Lab Code of Behaviour contract, and professional nursing standards and guidelines. Satisfactory Satisfactory

J.M. : I complied with Humber's learning policies, the handbook and Clinical Simulation Lab Code of Behaviour contract by always submitting original work and being respectful of my peers, instructors and surroundings at all times.

1.2 Accept responsibility for own actions and for self-directed learning. Satisfactory Satisfactory

J.M. : I am satisfactory in this category because I took advice from Mandeep constructively and used her wisdom to further improve my skills.

1.3 Demonstrate professionalism with attendance, punctuality, dress code, behavior, language, and timely submission of assignments. Unsatisfactory Satisfactory

J.M. : I was satisfactory in this category because I was always present, punctual and in proper uniforms as well as professional with my behaviour. However, a few of my assignments - including this one were submitted late. Therefore I believe I deserve and unsatisfactory mark.

1.4 Use theory-based approach. Satisfactory Satisfactory

J.M. : I used theory-based approach by analyzing scenarios and basing my actions off of lessons that were taught in the NURS 103 Theory class.

1.5 Ensure a safe environment. Satisfactory Satisfactory

J.M. : I always ensured a safe environment by not putting anyone's/anything's safety at risk over the semester.

1. 6 Ask relevant questions and answer questions based on thorough preparation. Satisfactory Satisfactory

J.M. : Although I rarely asked questions, when I did I feel that they were relevant. When I answered questions from my peers I answered them based on preparation for the class.

1. 7 Apply knowledge of the role of the student nurse. Satisfactory Satisfactory

J.M. : I applied my knowledge of the role of the student nurse by participating in open access labs regularly to keep my knowledge up-to-date.

2. ACCURATE AND RELEVANT COMMUNICATION

2. 1 Participate in group sharing and discussions. Satisfactory Satisfactory

J.M. : When necessary I participated in group sharing and discussions to further improve mine and my peer's knowledge.

2. 2 Document clearly, accurately, and concisely using written and electronic methods. Satisfactory Satisfactory

J.M. : I received a satisfactory mark on my documentation assignment therefore I believe I deserve a satisfactory mark in this category.

2. 3 Demonstration reporting relevant information to the appropriate personnel. Satisfactory Satisfactory

J.M. : After redoing my Documentation assignment and learning which information is relevant and appropriate for reporting.

2. 4 Use communication techniques with the health care team. Satisfactory Satisfactory

J.M. : I communicated with the health care team via email and in person frequently.

2. 5 Maintain privacy and confidentiality. Satisfactory Satisfactory

J.M. : I always remembered to state "I would provide the client with privacy" when practicing and performing my assessments.

2. 6 Use technology to retrieve information from texts and other resources. Satisfactory Satisfactory

J.M. : The textbooks, agendas and checklists are all online so I really didn't have a choice.

3. CARING RELATIONAL PRACTICE

3. 1 Apply knowledge of the therapeutic nurse-client relationship and effective communication techniques during the provision of nursing skills and assessments. Satisfactory Satisfactory

J.M. : I did this by applying my knowledge when practicing and performing assessments on Ariana throughout the semester.

3. 2 Establish respectful, polite, and honest relationships with peers, Professors/Clinical Teachers, and the Lab Technologist. Satisfactory Satisfactory

J.M. : I did this by keeping a level head and taking my Clinical Teacher's criticisms constructively as opposed to being offended by those who were trying to help me.

3. 3 Exhibit cooperative, helpful, and collaborative relationships with team members. Satisfactory Satisfactory

J.M. : I did this by discussing the teachings with my peers to get help and also help them.

3. 4 Apply knowledge of strategies for conflict resolution.

Unsatisfactory

Satisfactory

J.M. : I did not face any conflict this semester therefore I am giving myself an unsatisfactory grade in this category.

3. 5 Recognize how one's behavior affects peer relationships and practice.

Satisfactory

Satisfactory

J.M. : I recognized that the odd giggle with friends was distracting to my peers in the lab so my friends and I started behaving professionally.

3. 6 Respect the diversity of peers in the learning environment.

Satisfactory

Satisfactory

J.M. : I wasn't disrespectful to anyone this semester.

3. 7 Apply knowledge of health teaching and learning strategies.

Satisfactory

Satisfactory

J.M. : I applied all of my knowledge of teaching and learning strategies that were taught in my Theory and Assessment classes in this class by demonstrating my skills in the open access lab and during practice times during class.

4. LEADERSHIP AND ADVOCACY

4. 1 Recognize situations that could lead to conflict and apply knowledge of conflict resolution.

Unsatisfactory

Satisfactory

J.M. : Didn't have to because my peers are great so there was no conflict!

4. 2 Demonstrate leadership skills that foster group work and a positive learning environment.

Satisfactory

Satisfactory

J.M. : I did this by maintaining my groups focus during open access labs and during class time.

4. 3 Provide feedback to peers and accept feedback from peers.

Satisfactory

Satisfactory

J.M. : Literally happened everyday this semester with my peers. We're always looking for ways to improve and discuss ways to do so frequently.

4. 4 Advocate for self and peers for a quality learning environment.

Satisfactory

Satisfactory

J.M. : Although we didn't have to advocate for a quality learning environment because that is what was provided to us all semester, I did ask questions when I felt they were necessary and Mandeep was great at responding in a timely manner.

4. 5 Ask relevant questions to clarify understanding.

Satisfactory

Satisfactory

J.M. : If I didn't understand something I always asked Mandeep for clarification.

4. 6 Respond appropriately to unsafe and unacceptable behaviours.

Satisfactory

Satisfactory

J.M. : Wasn't an issue but I would have responded appropriately if it was!

5. PLANS OF CARE:MEET CLIENTS' NEEDS AND MUTUALLY AGREED EXPECTED OUTCOMES

5. 1 Identify the importance of assessing clients' unique needs.	Satisfactory	Satisfactory
J.M. : Yes.		
5. 2 Plan holistic, client-centred assessments and interventions that are based on appropriate rationale.	Satisfactory	Satisfactory
J.M. : For the Case Studies all of the care that was planned was client-centred.		
5. 3 Complete health assessments, interviewing, and nursing skills in an organized and timely manner.	Unsatisfactory	Unsatisfactory
J.M. : My mid-term was unsatisfactory so I believe I deserve and unsatisfactory for not completing my health assessments in an organized manner.		
5. 4 Perform health assessments, interviewing, and nursing techniques and skills accurately, safely, competently and in a timely manner.	Satisfactory	Unsatisfactory
J.M. : As demonstrated in week 13, I was satisfactory in this category.		
5. 5 Perform initial assessments of clients' vital signs, neurological, cardiovascular, respiratory, and gastrointestinal systems.	Unsatisfactory	Satisfactory
J.M. : I don't think this is entirely applicable to the curriculum taught this semester.		
5. 6 Use the nursing process as a decision-making tool.	Satisfactory	Satisfactory
J.M. : I used ADPIE when applicable during class and other assessment.		
5. 7 Utilize the nursing process to meet client's healthcare needs related to hygiene, including integumentary care, nutrition, hydration, digestion, elimination, mobility, and safety.	Satisfactory	Satisfactory
J.M. : Applied my knowledge to the case study and received a satisfactory mark on every single one.		
5. 8 Discuss environmental strategies that promote health safety, and reduce risk including infection control, emergency codes, and ethically appropriate and safe use of restraints.	Satisfactory	Satisfactory
J.M. : This was discussed early in the semester. We discussed therapeutic setting and how to keep a client's stay at the hospital as therapeutic as possible.		
5. 9 Utilize infection prevention and control practice, including, but not limited to: hand washing and basic personal protective equipment (PPE).	Satisfactory	Satisfactory
J.M. : Always stated that I would apply gloves, wash hands and any other PPE during assessments.		
6. COLLABORATIVE PRACTICE: INTERPROFESSIONAL HEALTH CARE TEAM		
6. 1 Participate knowledgably in discussions with peers and faculty.	Satisfactory	Satisfactory
J.M. : I applied this category by frequently discussing my knowledge and critiques with peers and faculty.		

6. 2 Acts as an effective and valuable member of the group. Satisfactory Satisfactory

J.M. : I did this by contributing my thoughts and ideas frequently within the group.

6. 3 Ask knowledgeable questions and answer questions knowledgeably. Satisfactory Satisfactory

J.M. : When possible I asked questions and answered them to the best of my ability.

6. 4 Seek out assistance Satisfactory Satisfactory

J.M. : When needed sought out assistance from Mandeep.

6. 5 Use group process and conflict resolution skills to build consensus and collaboration. Satisfactory Satisfactory

J.M. : Not applicable.

6. 6 Demonstrate respect for peers and others. Satisfactory Satisfactory

J.M. : I demonstrated respect for my peers by not being disruptive

7. QUALITY ASSURANCE: CONTINUE AND IMPROVE COMPETENCE

7. 1 Identify strengths and areas for improvement using reflective practice. Satisfactory Satisfactory

J.M. : I identified my areas that needed improvement over the semester and they were - preparation for the class and more practice in the open access labs.

7. 2 Utilize self-reflection and feedback from Professors / Clinical Teachers and peers to identify strengths and areas for improvement. Satisfactory Satisfactory

J.M. : Based on Mandeep's critiques on K4Y I have tried my best to improve.

7. 3 Assume responsibility to seek out learning opportunities that foster professional development. Satisfactory Satisfactory

J.M. : I sought out as many learning opportunities as possible by frequently attending open access labs.

7. 4 Create a learning plan to address areas for improvement. Satisfactory Satisfactory

J.M. : I created weekly checklists to ensure all (read: most) of my tasks were completed on time.

7. 5 Come prepared to apply theory by reviewing all required preparatory learning materials and completing all activities. Satisfactory Satisfactory

J.M. : I did this by reviewing the lessons taught in Theory and using them to prepare for the Assessment.

8. USE CRITICAL THINKING, PROBLEM-SOLVING & DECISION-MAKING EFFECTIVELY

8. 1 Utilize problem-solving and decision-making skills related to foundational aspects of nursing interventions, skills, and practice. Satisfactory Satisfactory

J.M. : I utilized problem-solving skills by analyzing and assessing all of my case studies before deciding what interventions I wanted to take.

8. 2 Use a theory-based approach, problem-solving, and decision-making skills in a professional and accountable manner.

Satisfactory

Satisfactory

J.M. : I learned things in Theory that could be applied in the Assessment class.

8. 3 Use relevant theory to explain the rationale underlying the health assessment and interviewing strategies and techniques and the foundational nursing skills being used.

Unsatisfactory

Unsatisfactory

J.M. : I didn't do this.

8. 4 Apply knowledge from nursing, health, biological and social sciences.

Satisfactory

Satisfactory

J.M. : I applied my knowledge from all of the courses I am currently enrolled in to this course.

8. 5 Demonstrate professionalism and accountability.

Satisfactory

Satisfactory

J.M. : I did this by behaving well, participating, paying attention and always being in uniform

8. 6 Recognize strengths and limitations and seek appropriate assistance and support.

Satisfactory

Unsatisfactory

J.M. : I did this by seeking help from my peers and Mandeep when needed.

Student Final Summary with Strategies for Continued Growth

I will continue to attend classes punctually and regularly and in uniform. I will also continue to attend open access labs on a regular basis to further my abilities. I will also continue to ask teachers for their feedback and assistance when in doubt.

Teacher Final Summary with Strategies for Continued Growth

Julia developed greatly as a student nurse in terms of class and group participation. Student is encouraged to continue to practice all the skills and assessment learned in the class on ongoing basis. Student is also encouraged to review and improve on documentation skills on ongoing basis. Below is the overall summary of Julia's performance in the course.

Absents or late = None, Julia was present and punctual for all the classes

Mid -Term testing=Unsatisfactory

Final testing=Satisfactory

Final exam ,week 15=Pending

Submitting work= Except for math assignment and Final evaluation , submitted all the required work on time

Quizzes= Satisfactory for all the quizzes, except student wasn't able to get 100% on one of the documentation quizzes

Times submitted to CEC= 1 for Unsatisfactory Grade in Mid-term skill testing, student did show improvement in mock re-testing of mid-term. Student also complied with the recommendations from CEC

Hours missed=0

Other concerns= None

Overall Grade=Satisfactory

Program Coordinator comment

Congratulations

Grade

Satisfactory

Unsatisfactory

Referred to Clinical Excellence Committee (CEC)

Grade

Satisfactory

Program Coordinator Feedback

The Program Coordinator has reviewed the evaluation

Yes No

Student Sign Off

I met with my Clinical Teacher/Preceptor and discussed my evaluation

Yes No

In general this evaluation accurately reflects my performance

Yes No

Submitted Date: 03-Dec-2014 21:53